



2019 DISTRICT SWIMMING QUALIFYING GUIDELINES

EVENT	GIRLS AA	GIRLS AAA	BOYS AA	BOYS AAA
200 Medley Relay	1:58.84 (16)	1:52.72 (16)	1:45.14 (16)	1:39.91 (16)
200 Freestyle	2:05.42 (24)	1:58.66 (32)	1:51.90 (24)	1:47.46 (32)
200 Individual Medley	2:18.35 (24)	2:14.69 (32)	2:10.51 (24)	2:00.14 (32)
50 Freestyle	25.94 (24)	24.73 (32)	23.17 (24)	22.35 (32)
100 Butterfly	1:04.06 (24)	1:00.42 (32)	57.50 (24)	53.69 (32)
200 Freestyle Relay	1:45.58 (16)	1:40.68 (16)	1:33.36 (16)	1:29.59 (16)
100 Freestyle	55.84 (24)	54.06 (32)	51.07 (24)	48.46 (32)
500 Freestyle	5:39.48 (24)	5:27.05 (32)	5:11.17 (24)	4:54.06 (32)
100 Backstroke	1:02.96 (24)	1:00.81 (32)	58.01 (24)	55.34 (32)
100 Breaststroke	1:11.89 (24)	1:09.34 (32)	1:06.41 (24)	1:01.80 (32)
400 Freestyle Relay	3:59.50 (16)	3:37.18 (16)	3:25.56 (16)	3:15.11 (16)